## REPORT ON DEPARTMENTAL ACTIVITIES

**(FROM 21.05.2025 TO 20.07.2025)**

**DEPARTMENT OF AYURVEDA**

11. Details of Events / Celebrations / Cultural activities / any other activities

| S.NO. | Date | Name of the Event | Report with Photos | VENUE |
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| 1 | 08.06.2025 | MEDICAL CAMP | In order to provide Special screening and Health Awareness to the Devotees of Kanchi Sankaracharya Swamigal, a free medical Camp was organized by Camp Coordinating Committee of Sri Jayendra Saraswathi Ayurveda College & Hospital as per request of the Tamil Nadu government Indian medicine and Homeopathy department on 8th June 2025 from 9.30AM to 1PM. The health check-up and special screening started at 9.30 AM am in the presence of Dr Rajarajeshwari, Medical officer Kanchipuram. Totally 70 Devotees enrolled their names and sought consultation and benefited from this camp, General health screening like Blood pressure, Weight measurement & BMI. Free Medicines were issued to the deserving patients. It was observed that patients were mostly having the complaints of vata vyadhi like Gridrasi, | Kanchi Kamakoti Peetam Matt, Kanchipuram |

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| | | | Avabahuka, Katigraha, sandhigata vata; prameha(diabetes), Twak Roga (Skin diseases) and were consulted accordingly. SJSACH camp team of members conducted the camp with Specialty consultant,Dr. S Balasubramaniam Assistant Professor, Dept of Shalyatantra., Dr.Vishnu Assistant Professor, Dept of panchakarma Along with PG Scholars Dr Sumit and Dr Balaje and 2 internee Dr Satya and Dr Janvi The camp was conducted successfully. | |
| 2 | 15.06.2025 | FREE MEDICAL CAMP | In order to provide Special screening and Health Awareness to the people residing at Appavu Nagar, Mangadu, Chennai - 600056, A Medical Camp was organized by The Camp Coordinating Committee of Sri Jayendra Saraswathi Ayurveda College & Hospital as per request of the Tamil Nadu government Indian medicine and Homeopathy department on 15th June 2025 from 9.30AM to 1PM.<br>The health check-up and special screening started at 9.30 AM am at Gangai Amman Koil, Appavu Nagar, Mangadu, Chennai - 600056. Totally 44 people enrolled their names and sought consultation and benefited from this camp, General health screening like Blood | Gangai Amman Koil, Appavu Nagar, Mangadu |

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| | | | pressure, Weight measurement & BMI. Free Medicines were issued to the deserving patients. It was observed that patients were mostly having the complaints of Vata vyadhi like Gridrasi, Avabahuka, Katigraha, sandhigata vata, Amlapitta (Acidity), Prameha(diabetes), Twak Roga (Skin diseases) and were consulted accordingly. SJSACH camp team of members conducted the camp with Specialty consultant, Dr Vipin, Associate Professor, Dept of Kayachikitsa, Dr. T Ashok Kumar, Assistant Professor, Dept of Dravya Guna, Along with PG Scholars Dr Preeti and Dr Balaji and 2 internee Dr Snigdha and Dr Dhaya Shivani The camp was conducted successfully. | |
| 3 | 21.06.2025 | INTERNATIONAL YOGA DAY | Department of Swasthavritta, SJSACH along with NSS unit 3 of SCSVMV had organized the 11th international yoga day celebration at SJSACH. The event was started by mass yoga demonstration by the students of SJSACH. The chief guest of the event was Dr. S. Lalitha, Assistant professor, department of social work, RGNIYD. Various colorful competitions were organized for the students followed by the inaugural ceremony. As part of International yoga day, awareness campaigns were conducted on | SJSACH CAMPUS |

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| | | | 20.06.2025 at Govt. High School, Nazarathpet and Govt. High school, Ayyapanthangal as a part of the community development initiatives. The campaign was designed to introduce students to the benefits of yoga and encourage them to incorporate it into their daily lives. | |
| 4 | 21 & 22.06.2025 | SIRUMALAI & GANDHIGRAM UNIVERSITY VISIT | The Three-member team from Sri Jayendra Saraswathi Ayurveda College, comprising of<br>1. Dr Chittaranjan Das, Principal.<br>2. Dr T Ashok Kumar, Assistant Professor.<br>3. Dr Hariaumshree, Assistant Professor.<br>visited Gandhigram University on 22/06/2025. We had met with the Honourable Vice-Chancellor Prof. Dr.N.Panchanatham and he was very much willing to engage with our Institution in terms of Academic and Technical aspects. He suggested that an MOU between the two institutions can be facilitated to ramp up the level of coordination and support. He has delegated Prof Venkatravi of Gandhigram University to explore the areas of common interest and involve the respective departments towards formalizing an MOU. The Honourable Vice-Chancellor kind heartedly welcomed the faculty from our SCSVMV to utilize the | GANDHIGRAM UNIVERSITY DINCUGUL & SIRUMALAI FOREST |

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| | | | accommodation facilities available at Gandhigram University during future visits.<br>Prof Venkatravi will be visiting Kanchipuram in the mid of July 2025 and further processes related to MOU and relevant subjects can be discussed at that time.<br>Prof Venkatravi had asked if any accommodation facility will be available at SCSVMV campus during his visit to Kanchipuram for two days.<br>Our Ayurveda team highlighted two priority areas for cooperation between the two institutions.<br>1. Online / Guest lectures from the Faculty of Agriculture Department, Gandhigram University on subjects related to Sustainable Cultivation of Ayurvedic Medicinal Plants.<br>2. Technical support for the Plantations at Sirumalai Estate.<br>Prof Venkatravi will shortly speak to their Agriculture Department and facilitate future discussions in this regard.<br>After observing the Sirumalai estate, Dr Chittaranjan Das suggested that lemon grass being naturally available in significant amounts, a lemon grass oil extraction setup within the estate will be great value addition.<br>The current market price of lemon grass oil is Rs 3000 to 4000 per | |

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| | | | litre.<br>The Ayurveda team suggests the cultivation of the following medical plants in the estate, based on wide usage. Tree type of plantations will require regular attention and care in the initial 3 to 4 years and later on, we can get regular harvest for longer term with minimum maintenance. | |
| 5 | 22.06.2025 | FREE MEDICAL CAMP | A free medical camp was organized by Sri Jayendra Saraswathi Ayurveda College & Hospital at Sri Kamarajar Street, Thirumizhisai on June 22 ,2025. 40 patients received general health screenings, consultations, and took free medicines under the expertise of Dr. Vijaysankar. M. R and Dr. Sreelakshmi. Common health issues included vata-related problems, diabetes, and skin diseases. The camp was conducted successfully by a team of doctors, PG scholars and interns. | Sri Kamarajar Street, Thirumizhisai |

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| 6 | 26.06.2025 | ANTI DRUG AWARENESS | On the occasion of the International Day Against Drug Abuse and Illicit Trafficking, the Avadi Police Commissionerate organized an Anti-Drug Awareness Marathon Run on 26th June 2025 at the Tamil Nadu Police Convention Centre, Avadi. A total of 19 students from our college actively participated in the event, representing the Anti-Drug Committee of the institution as a gesture of solidarity and commitment to the cause.<br>The marathon saw enthusiastic participation from approximately 1000 students representing over 50 institutions across the region, symbolizing a strong, unified stand against drug abuse and illicit trafficking.<br>The event commenced with an inspiring inaugural address by the Honourable Commissioner, who emphasized the grave consequences of drug addiction and urged the youth to lead a healthy, drug-free life. This was followed by a pledge-taking ceremony, where all participants solemnly vowed to abstain from drugs and promote awareness within their communities.<br>Following the inauguration, the marathon was flagged off, with students running in support of | AVADI POLICE COMMISSIONARATE |

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| | | | the anti-drug movement. The event attracted significant media coverage, being telecasted and live-streamed on local television channels, thereby extending its reach to a wider audience and reinforcing the message of prevention and awareness.<br>At the conclusion of the event, certificates of participation were distributed to all student participants in recognition of their active involvement and support for the initiative. | |
| 7 | 29.06.2025 | FREE MEDICAL CAMP | A free medical camp was organized by Sri Jayendra Saraswathi Ayurveda College & Hospital at Sri Kollapuri Amman temple, Karayanchavadi, Poonamallee on June 29, 2025. 26 patients received general health screenings, consultations, and took free medicines under the expertise of Dr. Saravanan and Dr. Ashwini. Common health issues included vata-related problems, diabetes, and skin diseases and hypertension. The camp was conducted successfully by a team of doctors, PG scholars and interns | Sri Kollapuri Amman temple, Karayanchavadi, Poonamallee |

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| 8 | 26&27.06.2025 | RANGOTSAV 2025 | The annual cultural event – RANGOTSAV 2025 was a grand celebration of team work which was held on June 26 and 27 at Mahaswami Mandapam, Sri Jayendra Saraswathi Ayurveda college and hospital .The event witnessed enthusiastic participation from the students.<br>The cultural event began with LAUNCHING OF BANNER from the op building by our Prinicipal Dr.Chittaranjan das. Followed by an inaugural ceremony starting with prayer and lamp lighting by Principal Professor Chittaranjan Das, Professor Dr.G.R.R Chakravarthy Vice principal (Admin), Professor Dr. Pradeep Kumar Moharana Vice principal (academics), Dr. Usha Patil MC committee member, Professor Dr.Roshini mam HOD dept of Kriya sharira, followed by Inaugural address by Principal Dr.Chittaranjan Das .<br>Day 1 of Culturals events :-<br>Onstage events like Classical singing, non classical dance, adzap,scene recreation, Group classical dance, mime and instrumental solo.<br>Off stage events like rangoli, face painting and poetry<br>Day 2 cultural events :-<br>Classical solo dance, group singing, tableau, | SJSACH CAMPUS |

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| | | | non classical group dance, mock press, duet singing and cosplay.<br>Off stage events cooking without fire, pencil sketching and mobile photography.<br>The Rangotsav ended with a valedictory ceremony where prize distribution was held for both<br>The sports champion trophy was awarded to Pranav of 1st professional and bestperformer of cultural was awarded to Sivaram of final yr.<br>The overall trophy of Rangotsav 2025 was awarded to Team Sushruta.<br>Runner up of rangotsav was awarded to Team vagbhata.<br>There were total of 23 cultural events and 350 students participated in all the events.<br>The Rangotsav 2025 was successful conducted by final year students by guidance of Final year mentors Dr. Vijayarajaa and Dr.Saniya with the support of Prof. Dr. Swaminathan Dean of health sciences, SCSVMV, Prof. Dr. Chittaranjan Das, Principal, SJSACH, Prof. Dr. GRR Chakravarthy, Vice principal (admin), Prof. Dr. Pradeep Kumar Moharana, vice principal (academics), Prof. Dr. Usha Patil,, MC member, Prof. Dr. Uday Kumar, UG coordinator, Prof. Dr. Vipin, Sports coordinator, Extracurricular committee, all teaching | |

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| | | | and non teaching staff. | |

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| 9 | 04.07.2025 | HANDS ON TRAINING WORKSHOP | On July 4, 2025, the Quality Circle Initiative (QCI) team of Sri Jayendra Saraswathi Ayurveda College & Hospital (SJSACH) organized a comprehensive Hands-on Training Workshop on "Simulation Skill Lab" at the Yogya- Clinical Skill Lab, SJSACH. The workshop was conducted from 10:30 am to 03:30 pm, with Mr. C R Barath Narayanan, Chief Implementation officer, Delta Healthcare as the resource person. The participants included 36 teaching faculties and 12 PG scholars from PTSR, SJSACH.<br><br>The workshop was conducted in two sessions- morning & afternoon, covering a range of simulation models, providing participants with hands-on experience in various clinical skills. The topics included:<br>In morning session (10:30 am to 01:00 pm)<br>1. CARDIONICS - Simulation Model for Auscultation of Heart: Participants learned to identify and interpret heart sounds using the Cardionics simulation model.<br>2. NIKI - CPR Simulation Model: Hands-on training was provided on cardiopulmonary resuscitation (CPR) techniques using the NIKI simulation model.<br>3. Inter-muscular Injection Model: | SJSACH CAMPUS |

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| | | | Participants practiced administering inter-muscular injections using the simulation model.<br>4. Catheter Insertion Model (male & female): The workshop covered the proper technique for catheter insertion, allowing participants to practice and refine their skills.<br>In afternoon session (02:00 am to 03:30 pm)<br>5. Birthing Simulation Model: Participants gained experience in managing normal and complicated deliveries using the birthing simulation model.<br>6. Per Vaginal Examination Simulation Model: The workshop provided hands-on training in performing per vaginal examinations, enhancing participants' clinical skills.<br><br>The hands-on workshop provided a valuable opportunity for participants to develop and refine their clinical skills in a simulated environment. Mr. C R Barath Narayanan was thanked for sharing his expertise and facilitating the workshop. | |
| 10 | 06-09.07.2025 | MEDICAL CAMP | From July 6th -9th 2025, Sri Jayendra Saraswathi Ayurveda College & Hospital organized a free medical camp at Sri Sankara Rural hospital, Tandalam. In total 150 patients received health screenings, consultations, and free medicines from Dr. | Sri Sankara Rural hospital, Tandalam |

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| | | | Giridharakrishna (Medical Officer). Common health issues addressed included vata-related problems, diabetes, skin diseases, and hypertension. The camp was successfully conducted by a team, PG scholars and interns. | |
| 11 | 13.07.2025 | FREE MEDICAL CAMP | As per the request of the Department of Indian Medicine and Homeopathy, Government of Tamil Nadu, a Special Screening and Health Awareness Camp was organized by the Camp Coordinating Committee of Sri Jayendra Saraswathi Ayurveda College & Hospital on 13th July 2025 at the Perumal Temple premises, Melppakkam, Avadi.<br>A total of 51 individuals enrolled for the camp and availed consultations. General health screenings such as Blood Pressure measurement, Weight check, and BMI calculation were conducted. Free Ayurvedic medicines were distributed to deserving patients based on clinical need. The common conditions observed among the patients included:<br>• VataVyadhi conditions such as Gridhrasi (sciatica), Avabahuka (frozen shoulder), Katigraha (low back pain), and SandhigataVata (osteoarthritis)<br>• Prameha (Diabetes Mellitus) | Perumal Temple Premises, Melppakkam, Avadi |

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| | | | • TwakRoga (Skin disorders)<br>• Upper Respiratory Infections<br>• Nutritional Deficiencies, especially among children<br>Patients were evaluated and treated according to classical Ayurvedic principles.<br>The camp was successfully conducted by the SJSACH Camp Team, comprising:<br>• Dr. S. Balasubramaniam, Assistant Professor, Dept. of Shalya Tantra (Specialty Consultant)<br>• Dr. Anoop A. S., Assistant Professor, Dept. of Kaumarabhritya<br>• Dr. Swapnika and Dr. Vaishnavi, Postgraduate Scholars<br>• Dr. Deepika and Dr. Deepika (Interns)<br>The event received good participation and was appreciated by the local community. | |
| 12 | 15.07.2025 | SUSHRUTHA JAYANTHI | The Department of Shalya Tantra, SJSACH, organized a grand celebration on the occasion of Sushruta Jayanthi on 15th July 2025, commemorating the legendary father of surgery, Acharya Sushruta.<br>The event was graced by the Chief Guest, Dr. Suresh Kumar, MD (Ayu), PhD, who delivered an insightful guest lecture on the topic:<br>“Sushrutha's Legacy in Modern Ayurvedic Surgery and the Management of Fractures and | SJSACH CAMPUS |

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| | | | Dislocations.” | |
| 13 | 16.07.2025 | WORLD SNAKE DAY | The department of agada tantra successfully organized the snake day program on 16 July 2025, aimed at spreading awareness about snakes, their importance in ecosystem, and preventing measures against snake bites. The program highlight was, the event commenced with formal inauguration ceremony presided over the principal Dr. Chittaranjan Das, Dr. Udaykumar and Dr. Hariaum sree, along with faculty members and students. This was followed by a series of informative and engaging activities like, painting competition, model presentation, poster presentation. On the topic of world snake day or importance of snakes in ecosystem or various poisonous and non-poisonous snakes. Students showcased their talents and creativity by depicting the aim of snake day. To encourage and appreciate student participation prizes and certificates were awarded to the winners of the competition by the principal Dr. Chittaranjan Das, by congratulating the students for their effort & participation in raising | SJSACH CAMPUS |

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| | | | awareness. The program was well concluded with a cake cutting ceremony to mark the success of snake-day by the principal Dr. Chittaranjan Das & faculty members and students, joined together in celebration and making it a memorable event filled with learning and enjoyment. The department of agada tantra extends heartfelt thanks to the principal, faculty members & participants for supporting & contribution to the event's success. | |
| 14 | 16.07.2025 | FIRE SAFETY MOCK DRILL | A mock drill was successfully conducted at Sri Jayendra Saraswati Ayurveda College & Hospital on 16.7.2025 to create awareness and ensure preparedness among students and staff in the event of an emergency. The objective was to test the effectiveness of the emergency response plan and to train the stakeholders in safe evacuation procedures | SJSACH CAMPUS |

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| 15 | 20.07.2025 | FREE MEDICAL CAMP | Consultants & Camp Team<br>· Dr. Swathi.C, Associate Professor<br>· Dr. K. Venkateswaran, Assistant Professor<br>· PG Scholars: Dr. Anil, Dr. Kishan<br>· Interns: Karunya, Maydhini<br>Objective<br>To provide free Ayurveda health consultation, screening, and disease awareness for the residents of Kundrathur, Sikkarayapuram, with a focus on chronic ailments and geriatric care.<br>Camp Activities<br>· Registration and recording of patient details<br>· Medical history and vital assessment<br>· Ayurveda consultation and initial advice<br>· Patient education and preventive health counselling<br>Patient Turnout<br>Total Patients Examined: 35 | Kundrathur, Sikkarayapuram |

**PHOTOS:-**

**Free Medical Camp at Kanchi Kamakoti Peetam Matt, Kanchipuram**

**Medical Camp at Gangai Amman Koil, Appavu Nagar, Mangadu**

**International Yoga Day**

**Gandhigram University Dindugul & Sirumalai Estate**

**Free Medical Camp at Sri Kamarajar Street, Thirumizhisai**

**Anti Drug Awareness @ Avadi Police Commissionarate**

**Free Medical Camp at Sri Kollapuri Amman temple, Karayanchavadi, Poonamallee**

**Rangotsav 2025**

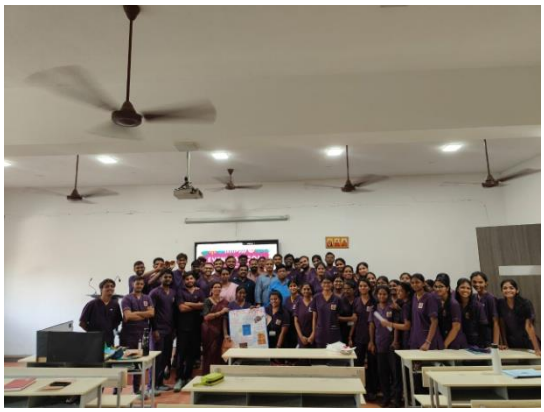
**HANDS ON TRAINING WORKSHOP**

**Medical Camp at Sri Sankara Rural hospital, Tandalam**

## Medical Camp at Perumal Temple Premises, Melppakkam, Avadi

## Sushrutha Jayanthi

## World Snake Day



## Fire Safety Mock Drill

**Free Medical Camp at Kundrathur, Sikkarayapuram**