

SRI JAYENDRA SARASWATHI AYURVEDA COLLEGE & HOSPITAL
CLASS TIME TABLE FOR FIRST YEAR B.A.M.S. 2025-26 BATCH

With effect from November 2025

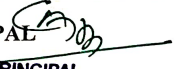
*RC-Remedial coaching

DAY & TIME	9.00am-10.00am	10.00am -11.00am		11.10am-12 10pm		1pm-2pm	2pm-4pm		4 :10 pm – 5pm
MONDAY	SANSKRIT (NL)	KRIYA SHARIRAM (NL)	BREAK (11 00am- 11 10am)	SAMHITA-I (L)	LUNCH BREAK (12: 10 pm – 1 pm)	PADARTHA VIGYANAM (L)	KRIYA / RACHANA (P)	BREAK (04 :00 pm- 04 :10 pm)	NSS /SPORTS/RC – SAM/PV Dr SS/Dr.Anu
	Mr Swaminathan	Dr Roshni K P		Dr. G R R Chakravarthy		Dr. H.A.ANU	Dr Roshni K P/ Dr. Indusree C S		
TUESDAY	SANSKRIT (L)	SANSKRIT (L)		RACHANA SHARIRAM (NL)		KRIYA SHARIRAM (L)	RACHANA / KRIYA (P)		SLOKA PARAYANA (SAMHITA)/ RC -RS
	Mr Swaminathan	Mr Swaminathan		Dr. Indusree C S		Dr. Nayana	Dr. Indusree C S/ Dr. Nayana P Chandran		DR SS / DR IS
WEDNESDAY	SANSKRIT (L)	RACHANA SHARIRAM (NL)		SAMHITA-I (L)		PADARTHA VIGYANAM (NL)	KRIYA / RACHANA (P)		SLOKA PARAYANA (KS) / RC - KS
	Mr Swaminathan	Dr. Indusree C S		Dr S.Swaminathan		Dr. H.A.ANU	Dr. Nayana P Chandran / Dr. Indusree C S		DR RKP /Dr NPC
THURSDAY	KRIYA SHARIRAM (L)	RACHANA SHARIRAM (L)		SANSKRIT (NL)		RACHANA SHARIRAM (L)	SAMHITA-I (NL)		STUDENTS ACTIVITY/VAGVILASINI SABHA
	Dr. Nayana	Dr. Indusree C S		Mr Swaminathan		Dr. Indusree C S	Dr S.Swaminathan		SLOKA PARAYANA (RS) / RC-SAM-DR GRRC
FRIDAY	PADARTHA VIGYANAM (NL)	RACHANA SHARIRAM (L)		SAMHITA-I (NL)		SANSKRIT (P)	RACHANA / KRIYA (P)		DR IS/ Mr SS
	Dr. H.A.ANU	Dr. Indusree C S		Dr S.Swaminathan		Mr Swaminathan	Dr. Indusree C S/ Dr Roshni K P		PERSONAL MENTOR MEETING/ RC – SAN
SATURDAY	SAMHITA-I (L)	PADARTHA VIGYANAM (L)		RACHANA SHARIRAM (L)		SANSKRIT (NL)	SAMHITA-I (NL)		
	Dr S.Swaminathan	Dr. H.A.ANU		Dr Indusree C S		Mr Swaminathan	Dr. G R R Chakravarthy		

CLASS MENTOR




PRINCIPAL


PRINCIPAL
SRI JAYENDRA SARASWATHI
AYURVEDA COLLEGE & HOSPITAL
 (Dept. of Ayurveda of Sri Chandrasekharendra Saraswathi Vaidya University)
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